

Nutritional Data Sheet
12% Fat Peanut Flour – Light & Dark Roast

Assay Name	Result
Total Fat as Triglycerides	12.37 g/100g
Moisture By Vacuum Oven	1.80 g/100g
Protein (n x 5.46)	48.84 g/100g <i>(When n x 6.25 use 55.91)</i>
Carbohydrates	33.17 g/100g
Ash	3.82 g/100g
Total	100.00

* Calories Calculated 439 kcal/100 g

Fructose <0.30 %

Glucose <0.30 %

Sucrose 8.38 %

Maltose <0.30 %

Lactose <0.30 %

Total sugars 8.38 %

* β-carotene <30.0 IU/100 g

* Retinol <30.0 IU/100 g

* Total Vitamin A <30 IU/100 g

Folic Acid, Total 0.139 mg/100 g

* Vitamin C - Ascorbic Acid < 0.440 mg/100 g

* Total Trans Fatty Acid Isomers - GC 0.03 %

**The test result is covered by our current A2LA accreditation.*

* Calcium 0.08 %

* Iron 0.0030 %

* Magnesium 0.33 %

* Potassium 1.27 %

* Sodium <0.002 %

* Cholesterol < 0.8 mg/100 g

* Calories From Total Fat, Calc. 111 kcal/100 g

* Total Saturated Fatty Acids 1.83 %

* cis, cis-Polyunsaturated Fatty Acids 0.76 %

* cis- Monounsaturated Fatty Acids 9.21 %

* Fiber, Dietary, Total 16.0 %

* Fiber, Dietary, Insoluble 15.9 %

* Fiber, Dietary, Soluble - Calc <0.2 %

Method Reference

Ash - AOAC 942.05

Calcium by ICP - AOAC 965.17 / 985.01 mod.

Calories From Total Fat, Calc - CFR 21-calc.

Calories, Calculated - CFR - Atwater calculation

Carbohydrates, Calculated - CFR 21-calc.

Cholesterol - AOAC 994.10 mod.

Fiber, Dietary Complete - AOAC 991.43

Folic Acid, Total (AOAC, levels < 12.5 mg/100g) - J.

AOAC, Volume 73, No.5, 1990 mod

Iron by ICP - AOAC 965.17 / 985.01 mod.

Magnesium by ICP - AOAC 965.17 / 985.01 mod.

Moisture by Vacuum Oven - AOAC 934.06, 925.45, 920.151

Mono & Poly Unsaturated Fatty Acids from Trans FAP - AOAC 996.06 mod.

Potassium by ICP - AOAC 965.17 / 985.01 mod.

Protein - Combustion - AOAC 990.03; AOAC 992.15

Saturated Fat from Trans Profile - AOAC 996.06 mod.

Sodium by ICP - AOAC 965.17 / 985.01 mod.

Sugar Profile By HPLC - AOAC - AOAC 982.14, mod.

Total Fat from Trans Profile - AOAC 996.06 mod.

Total Trans Fatty Acids - AOAC 996.06 mod.

Total Vitamin A - AOAC 974.29 Mod.

Vitamin C - Ascorbic Acid - AOAC - AOAC 967.22 mod.